21st Show Me Summit on Aging & Health 2026 AGENDA at a Glance

MONDAY NOVEMBER 2, 2026				
11:00 am	**Registration Opens**			Atrium Lobby
12:00-5:30	**Exhibits Open**			Expo Center
1:00-2:15	**SUMMIT OPENS**	**Welcome: Christine Hustedde, ma4 Summit Chair; CEO, Aging Ahead** **Dare to be Optimistic: Greg Burris**		Expo Center
2:15-2:45	**Break to Visit Exhibitors**			Expo Center
2:45-3:30	**Breakout Sessions**	TOPIC	PRESENTER	ROOM
	Innovation	**AI and Aging**	**Bryant**	Windsor I & II
	Innovation	**Digital Front Door: Technology Solutions for Senior Center Operations**	**Heah/Chia**	Windsor III
	Advocacy	**SMP Fraud Fighter Academy**	**Howard**	Windsor IV
	Leadership	**Top 10 Traits of the BEST Senior Center Leaders**	**Lippert**	Parliament I & II
3:30 - 4:00	**Break to Visit Exhibitors**			**Expo Center**
4:00-4:45	**Breakout Sessions #2**		**PRESENTER**	**ROOM**
	Healthy Aging	**Why Falls Keep Happening/What Works: Launching an OT-Led HARP**	**Lienhop**	Windsor I & II
	Innovation	**Home Modification, Does it have to be so Hard?**	**Merry**	Windsor III
	Leadership	**Beyond the Levy: Building Community Power to Fund Aging Services**	**Shaughnessy**	Windsor IV
	Advocacy	**Seize the Age: Smarter HCBS Strategies for Aging at Home**	**Rooks**	Parliament I & II
4:45-5:30	**Break to Visit Exhibitors**			Expo Center
5:30	**Reception - Cocktails (self-pay)**			
6:00	**Dinner Gala**	**Kristi Bohling-DaMetz, ma4 President; Director of Aging, Mid-America Regional Council**		Expo Center
	Keynote	**Sandy Markwood, CEO, USAging**		
TUESDAY NOVEMBER 3, 2026				
8:00-3:15	**Exhibits Open 8am-3:00pm**			Expo Center
8:00-9:00 am	**BREAKFAST BUFFET**			Expo Center
9:00-10:00	**Plenary**	**Sarah Willson, Director DHSS : Sieze the Age!**		Expo Center
10:00-10:30	**Break to Visit Exhibitors**			Expo Center
10:30-11:15	**Breakout Sessions #3**		**PRESENTER**	**ROOM**
	Healthy Aging	**Centers for Independent Living: A Hidden Resource in Missouri**	**Gridley**	Windsor I & II
	Innovation	**Aging Services Providers Responding to the Unexpected**	**Stoever**	Windsor III
	Healthy Aging	**Let's Talk About Death: A Death Doula's Guide to Meaningful Conversations**	**Ponder/Tecklenburg**	Windsor IV
	Advocacy	**Advocacy and the State Budget**	**L Baker**	Parliament I & II
11:15-11:30	**Break to Visit Exhibitors**			**Expo Center**
11:30-12:15	**Breakout Sessions #4**		**PRESENTER**	
	Innovation	**Automating the Last Mile: Mobile-First Software for Meals on Wheels**	**Chia/Heah**	Windsor I & II
	Leadership	**Senior Centers - Senior Center Rountable: A Guided Discussion**	**Davis/Malisch**	Windsor III
	Advocacy	**Kinship Connection: A Community Driven Approach to Supporting Grandfamili**	**Wilkey/Foster**	Windsor IV
	Healthy Aging	**Cannabis and Aging: What Seniors and Providers Need to Know**	**Sara Figueroa**	Parliament I & II
12:15-1:30	**LUNCH BUFFET**			Expo Center
1:30-2:00	**Chair Fitness with Teresa Etters/Break to Visit Exhibitors**			Expo Center
2:00-2:45	**Breakout Sessions #5**		**PRESENTER**	ROOM
	Innovation	**Aging in Place: New Technology, New Possibiliites**	**Myke Bates**	Windsor I & II
	Healthy Aging	**Silver Prom: Engage Nostalgia, Social Wellness and Dancing!**	**Barge /Mize**	Windsor III
	Leadership	**Caring for Others without Carrying It All**	**Edholm**	Windsor IV
	Advocacy	**Stop Being a "Best Kept Secret": Creating Outreach That Works**	**Poskocil**	Parliament I & II
2:45-3:15	**Break to Visit Exhibitors (Final Chance to Visit Exhibitors!)**			Expo Center
3:15-4:00	**Breakout Sessions #6**		**PRESENTER**	
	Advocacy	**Experiencing Memory Loss**	**Wilson**	Windsor I & II
	Healthy Aging	**Care Management: Pathway to Healthy Aging**	**Negrete**	Windsor III
	Healthy Aging	**Connected at Home: A Collaborative Virtual Senior Center for Older Adults**	**Harrow/Skinner**	Windsor IV
	Leadership	**Lights, Camera, Confidence: Media Training 101**	**Grothe/Peetz**	Parliament I & II
4:00-4:30	**Break**			
4:30-6:00	**Block Party featuring Aging Best's M.O.V.E (mobile senior center) Music; Networking; Refreshments**			Expo Ctr/PkgLot
WEDNESDAY November 4, 2026				
7:30-8:30 am	**BREAKFAST BUFFET**			
8:30-8:45	**Break**			
8:45-9:30	**Breakout Sessions #7**		**PRESENTER**	
	Innovation	**Artifical Intelligence is not coming - It's Here! Are you Ready?**	**Miniea**	Windsor I & II
	Leadership	**Everyone is a Fundraiser (Yes, You): How Every Role Drives Revenue & Impact**	**Hustedde**	Windsor III
	Healthy Aging	**Beyond ZIP Codes: Meeting Missouri Caregivers Where They Live**	**Zafar**	Windsor IV
	Advocay	**Aging with Dignity - Missouri's Master Plan on Aging**	**Ulstad**	Parliament I & II
9:30-10:00	**Break**			Expo Center
10:00-10:45	**Breakout Sessions #8**		**PRESENTER**	
	Innovation	**How Are You Gonna Pull That Off: Big Project to Fix Big Problems**	**Huber**	Windsor I & II
	Healthy Aging	**Building Brain Healthy Habits**	**Lovegreen**	Windsor III
	Leadership	**The Missing Muscle in Leadership: Aging, Energy, and Performance**	**Ramsey**	Windsor IV
	Innovation	**Compassionate Conversations: Helping Families to Plan with Intention**	**Staab/Blankenship**	Parliament I & II
10:45-11:00	**Break**			Expo Center
11:00-11:45	**Breakout Sessions #9**		**PRESENTER**	
	Healthy Aging	**Older Adult Behavioral Health**	**Levely**	**Windsor I & II**
	Advocacy	**Missouri Government 101**	**Penman**	**Windsor III**
	Healthy Aging	**Improvisational Communication Tools for Dementia Care**	**Forbush**	Windsor IV
	Innovation	**Tech That Cares**	**Baker**	Parliament I & II
11:45-12:15	**Closing Session**	**Closing Session**		Expo Center