



SHOW ME SUMMIT ON AGING & HEALTH 2026
Missouri Association of Area Agencies on Aging | ma4
Seize the Age!
November 2-4, 2026
Wyndham Executive Center, Columbia, MO

CALL FOR SESSION PROPOSALS NOW OPEN

Seize the Moment. Shape the Future. Seize the Age.

Please join ma4—Missouri’s Trusted Voice on Aging—this fall to help create an inspiring and stimulating Show Me Summit on Aging & Health. Share your expertise, innovative ideas, and knowledge in the field of aging services.

Deadline for Proposals: March 31, 2026
Notifications: May 2026

About ma4: Missouri’s Trusted Voice on Aging

The Missouri Association of Area Agencies on Aging (ma4) is Missouri’s trusted voice for service, information, and advocacy for older adults. We support the capacity of Missouri’s ten Area Agencies on Aging (AAAs), which collectively deliver over **\$140 million** in services annually to adults 60+ in every county. From nutrition and home-delivered meals to evidence-based wellness programs and legal services, we advocate at every level to enhance the aging journey. Our network reaches diverse populations, including hard-to-reach older adults, those with chronic conditions, caregivers, and rural/urban communities.

The Summit Experience

The annual Show Me Summit convenes Missouri’s around 300 of the most trusted experts, leaders, professionals, volunteers, and advocates in aging services. Attendees represent AAAs, senior centers, community advocates, nutrition programs, community organizations, and more, serving adults 60+ and adults with disabilities.

TRACKS:	Sample Topic Areas Include: (but not limited to)
Advocacy/Justice:	Legislative Policy; Elder Justice; Safe; Protection from Exploitation; Caregiver Advocacy; Ombudsman; Protecting the Needs of Diverse Groups; Reframing Aging; Equity in Aging-Addressing the Longevity Gap
Innovation:	Technology; Data Information; Virtual Programming; Artificial Intelligence; Research; Emerging Technologies/Trends; Virtual Programming; Intergenerational Programming
Healthy Aging & Resilience:	Nutrition; Social Isolation; Behavioral Health; Dementia; Veterans' Services; Accessibility; Transportation; Medicaid/Medicare/Managed Care; Social Connection
Leadership/Fiscal/Management:	Business Acumen; Fiscal Management; Senior Center Management; Information and Data Management; Marketing/Outreach; Governance; Contract Planning and Management; Planning; Continuity of Leadership

[Submit Your Proposal Here](#)

Proposals due by 3/31/26.

We look forward to featuring your subject-matter expertise, creative thinking, and impactful work as a presenter.

Let’s seize the age together!

SUBMISSION DETAILS:

Please submit your proposal online. If you need accommodations, please let us know. Submissions should include the following:

- Presenter/Panelist Contact Information
- Key Point of Contact Information
- Additional Presenters/Panelist Email (3 presenters max)
- Presenter Bio (s) 2-3 Sentence for Each Presenter (3 presenters max)
- Session Title (10-word max)
- Short Session Description (125 - word max) – for use in Summit Program
- Longer Session Description (250-word max) – for use in by Summit committee for review and selection

***Sessions will be 45 minutes.**

CRITERIA

Submissions will be reviewed by the ma4 Summit Committee. Proposals will be reviewed based on several criteria with preference for proposals which:

- Engage participants to think creatively
- Have potential for relevance and replication across the state
- Feature experienced speaker(s) with expertise
- Priority will be given to innovative ideas and/or discussion of emerging trends

PRESENTER AGREEMENTS

- **Expenses:** Presenters are responsible for their own travel, meals, and lodging.
- **Registration:** A **discounted presenter rate** is available. Presenters must pay registration rates if attending any portion of the Summit other than their own session.
- **Lodging:** A reduced hotel rate of **\$105** will be available for a limited time.
- **Materials:** All presentation materials must be provided to ma4 prior to the Summit.

Demonstrate your thought leadership and help us shape the future of aging in Missouri.

For more information, visit:

ma4web.org

Contact: Julie Peetz | jpeetz@ma4web.org | 314.620.4585

Registration and Hotel Reservations coming soon.