



Show Me Summit on Aging & Health 2024 AGENDA

*updated 9/4/2024

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| Pre-Summit | 7:30-noon | MO ALSO Levy Board Meeting | Texas |
| | 9:00-noon | ma4 Board Meeting | Tablerock |
| | 10:00-12:00 pm | AAA Fiscal Directors Meeting | Lake of Ozarks |

MONDAY SEPTEMBER 9, 2024

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|------------|--|-------------|---|----------------------------|
| 11:00 | Registration Opens | | | LOBBY |
| 12:00-5:30 | Exhibits Open | | | OK-IL-CO |
| 1:00 | Welcome: Anneliese Stoever, Show Me Summit on Aging & Health Chair; Executive Director, St. Louis Area Agency on Aging | | | OK-IL-CO |
| 1:15-2:30 | Keynote: Dr. Jeremy Holloway, Director of Geriatric Education, University of North Dakota | | | OK-IL-CO |
| 2:30-3:00 | Break to Visit Exhibitors | | | OK-IL-CO |
| 3:00-3:45 | Breakout Sessions #1 | | | MODERATOR |
| | Sherill Wayland | Leadership | MPA-LGBTQ and HIV Inclusive Leadership | Lisa Knoll KANSAS A |
| | Jennifer Carter-Dochler | Advocacy | Missouri Legislative Process Deep Dive | Liz Yokley KANSAS B |
| | Robert McNab | Programming | Life Style Medicine's Impacts on Ageing, Function and Quality of Life | Jennifer Shotwell ARKANSAS |
| | Kristin Davis | Leadership | Senior Center Roundtable | Wendy Martin KANSAS C |
| 3:45-4:15 | Break to Visit Exhibitors | | | OK-IL-CO |
| 4:15-5:00 | Breakout Sessions #2 | | | |
| | Christina Scott | Programming | Family Caregiver Resources-The Best Supports for Supporting Others | Christian Aguirre ARKANSAS |
| | Mindy Ulstad | Leadership | Missouri Aging and Disability Initiatives | John Zakibe KANSAS A |
| | Gary Gummig | Programming | I Get by with a Little Help from My Friends | Babs Bradhurst KANSAS B |
| | Jan Keith | Advocacy | SHL Connect | MJ Grothe KANSAS C |
| 5:00-5:30 | Break to Visit Exhibitors | | | OK-IL-CO |
| 6:00 pm | Reception - Cash Bar | | | OK-IL-CO |
| 6:30 pm | Dinner: Welcome: Lana Johnson, ma4 President; CEO Aging Matters | | | OK-IL-CO |
| | Keynote: Sandy Markwood, CEO USAging | | | OK-IL-CO |

TUESDAY SEPTEMBER 10, 2024

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|-------------|---|---|---|----------------------------|
| 8:00-4:30 | Exhibits Open | | | OK-IL-CO |
| 8:00-9:00 | BREAKFAST | | | OK-IL-CO |
| 8:45 | WELCOME | | | OK-IL-CO |
| 9:00-10:00 | Plenary #1 | AAA Directors' Panel Part I: Aging Best, Aging Matters, MARC, Region X, SLAAA | | OK-IL-CO |
| 10:00-10:30 | Break to Visit Exhibitors | | | OK-IL-CO |
| 10:30-11:15 | Breakout Sessions #3 | | | |
| | Rona McNally | Justice | Can They Do That? | Samantha Schnell KANSAS A |
| | David Baker | Leadership | Technology Solutions for All | Brooke Huber KANSAS B |
| | Sara Nuxoll | Programming | Patient Companion Program-Maximizing Health Care for Older Adults | Liz McLelland KANSAS C |
| | Hedva Barenholtz Levy | Programming | Bad, Good, or Potentially Inappropriate: What's Inside the Pillbox? | Margi Valleroy ARKANSAS |
| 11:15-11:30 | Break to Visit Exhibitors | | | OK-IL-CO |
| 11:30-12:15 | Breakout Sessions #4 | | | |
| | Natalie Galucia | Justice | Combatting Ageism in the Healthcare System | Debbie Blessing KANSAS A |
| | Hillary Bokker | Programming | Aging Successfully in PLACE | Charlotte Foust KANSAS C |
| | Janet Baker | Leadership | Using Outcomes Data to Show Impact - On a Shoestring | Lauren Schaumburg KANSAS B |
| | Lindsey Baker | Advocacy | Advocacy and the Missouri State Budget | ARKANSAS |
| 12:30-1:30 | Lunch - Special Guest: Paula Nickelson, Director, Missouri Department of Health and Senior Services | | | OK-IL-CO |
| 1:30-2:00 | Break to Visit Exhibitors | | | OK-IL-CO |

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| 2:00-2:45 | Breakout Sessions #5 | | | | |
| | Scott Penman | Advocacy | Aging Advocacy-What to Expect in 2025 - and How to Talk to Legislators About It | Rebecca Nowlin | KANSAS A |
| | Jordana McLeod | Leadership | Telling Your Story with Data | Kristi Bohling-DaMetz | KANSAS C |
| | Kevin Morgan | Justice | Elder Justice—Missouri’s Innovative Approach to Adult Protective Services | Stephanie Paul | KANSAS B |
| | Lindsay Sparks | Programming | Dietary Guidelines for Older Adults: A Comprehensive Overview | Becca Fields | ARKANSAS |
| 2:45-3:15 | Break to Visit Exhibitors | | | | |
| 3:15-4:00 | Breakout Sessions #6 | | | | |
| | Nicole Brueggeman | Advocacy | Discover Your Role in Advocacy and Uniting Our Field | Lana Johnson | KANSAS A |
| | Jan Keith | Leadership | Support Through Sponsorships | Wendy Martin | KANSAS C |
| | Laks Chekuri | Programming | Depression in Older Adults - What you need to know? | Lydia Franklin | KANSAS B |
| | Jill Cigliana | Programming | Navigating the New Frontier of Community-Based Dementia Care | Amanda Crabtree | ARKANSAS |
| 4:00-4:30 | Break to Visit Exhibitors | | | | |
| 4:30 AM | Exhibits Close | | | | |
| 4:30-5:15 | Bonus Round: Affinity Group Networking | | | | |
| | Lisa Knoll, MJ Grothe, Kerri Gal | Affinity Group | Bonus Round: OAA Updates/Advocacy Affinity Group | | Kansas B |
| | Debbie Blessing | Affinity Group | Information & Assistance - Care Coordination | | Kansas C |
| | Rebecca Nowlin/Kristi Bohling | Affinity Group | Nutrition & Innovation | | Arkansas |
| | Cindy Bailey, Meghan Haenel | Affinity Group | Senior Centers | | Kansas A |
| 5:30-6:30 | Teresa Eppers | Revitalize! | Zumba! | | Texas |
| 5:30-6:30 | AARP | Connect | Missouri LGBTQ+ Older Adult Alliance Meet & Greet | | Terrace Lounge |

WEDNESDAY SEPTEMBER 11, 2024

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|-------------|--|-------------|---|-------------------|----------|
| 7:00-8:00 | BREAKFAST | | | | |
| 8:00-9:00 | Welcome and Plenary AAA Directors' Panel Part II: Aging Ahead, Care ConnectiOn, NEMO, SeniorAge, MA4 | | | | |
| 9:00-9:15 | Break | | | | |
| 9:15-10:00 | Breakout Sessions #7 | | | | |
| | Melonie Blair-Fabian | Programming | Meeting the Unique Needs of Aging Veterans: Veteran's Affairs Medical Foster Home Program & Purchased Home & Community Based Services Program | Charlotte Foust | KANSAS A |
| | Myke Bates | Leadership | Unlocking the Potential of Remote Supports - Empowering Care Professionals | Kevin Rusenstrom | KANSAS B |
| | Lauren Schaumburg | Leadership | Engaging Local Governments in Age-Inclusive Leadership | Jennifer Shotwell | KANSAS C |
| | Liz Yokley | Programming | A Virtual World | Lana Johnson | ARKANSAS |
| 10:00-10:15 | Break | | | | |
| 10:15-11:00 | Breakout Sessions #8 | | | | |
| | Cheryl Wilson | Planning | Experiencing Memory Loss | Kay Rowilson | KANSAS A |
| | * Kerri Gallagher, MJ Grothe | Advocacy | Who's Afraid of Big, Bad, DC? | Wendy Martin | KANSAS B |
| | Tina Uridge | Advocacy | Missouri's Senior Levy Funds: Local Dollars to Support Local Needs | Janice Piper | ARKANSAS |
| | Kristin Davis | Programming | Taking Care of Yourself So You Can Care for Others | Charlotte Foust | KANSAS C |
| 11:00-11:15 | Break | | | | |
| 11:15-12:00 | Breakout Sessions #8 | | | | |
| | Marjorie Moore | Justice | Community Response to Catastrophic Housing Closures | Anneliese Stoever | KANSAS A |
| | Kevin Rusenstrom | Leadership | Customer Service Begins with a Renewed Culture | Liz McLelland | KANSAS B |
| | Emily Harrow | Programming | Creating a Virtual Village | Lisa Knoll | KANSAS C |
| | Sarah Lovegreen | Programming | Advancing Alzheimer's Education through AAA Partnerships | Stephanie Paul | ARKANSAS |
| 12 Noon | Conference Concludes. Thank you for joining the Show Me Summit on Aging & Health! Safe Travels Home! Save the dates for Summit 2025: September 8 -10, 2025 | | | | |

* Schedule Change