Missouri seniors age 65+ make up 22.88% of the population.

By 2034, Missouri seniors will make up more than 25% of Missouri’s population (for the first time there will be more older adults than individuals younger than 18 years of age).

This gap will continue to widen as the population continues to age with Missouri seniors predicted to greatly outnumber children by 2060.
What is a Master Plan on Aging?

- A Master Plan on Aging is a living document that:
  - Provides a clear framework to plan for ten years or more;
  - Enables governors to communicate a clear vision and priorities for their state;
  - Guides state and local policies of public and private programs toward aging with dignity;
  - Reflects extensive input from the community, including people of all ages and abilities; and
  - Allows the state to allocate funding or resources to implement initiatives from the Master Plan vs. reacting to individual stakeholder needs
<table>
<thead>
<tr>
<th>Metric</th>
<th>State Plan on Aging</th>
<th>Master Plan on Aging</th>
</tr>
</thead>
<tbody>
<tr>
<td>Requirement</td>
<td>ACL Requires for Funding</td>
<td>Not Required</td>
</tr>
<tr>
<td>Timeframe</td>
<td>4-Years (Next Plan due June 2023)</td>
<td>10-Years</td>
</tr>
<tr>
<td>Roadmap For</td>
<td>Aging Network (SUA, AAAs and their Contractors)</td>
<td>All State Departments, State and Local Governments to work toward aging with dignity</td>
</tr>
<tr>
<td>Focus</td>
<td>Older American Act Funded Programs/Services</td>
<td>All Relevant Social Determinants of Health</td>
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<td></td>
<td>• Supportive Services (Access, In-home, legal)</td>
<td>• Transportation</td>
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<td></td>
<td>• Nutrition (Congregate &amp; Home-delivered meals)</td>
<td>• Housing (Universal Design/Home Modification)</td>
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<td></td>
<td>• Disease Prevention Health Promotion</td>
<td>• Mental Health and Substance Abuse</td>
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<td>• Family Caregiver Services</td>
<td>• Aging with Developmental Disabilities</td>
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<td>• Assistive Technology</td>
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<td>• Healthcare Access</td>
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<td>• Employment</td>
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<tr>
<td>Coordination/</td>
<td>Aging Network Providers (AAAs and their contractors)</td>
<td>All Providers of Programs and Services (all State Departments, State and Local Governments, All Contractors of these entities)</td>
</tr>
<tr>
<td>Input</td>
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On January 19, 2023, Governor Parson signed EO 23-01 ordering the commencement of the Missourians Aging with Dignity Initiative. The order further required the following:

1. Executive agencies shall make their best efforts to ensure that all Missourians have access to services and supports they are eligible for in order to age safely and independently.
2. Each state agency shall use best efforts to ensure programming includes older Missourians and adults with disabilities when possible with the ultimate goal of ensuring older Missourians and adults with disabilities have a safe and healthy environment and avoid unnecessary institutionalization.
3. DHSS shall, with the assistance of the Advisory Council described below, develop a Master Plan on Aging that addresses the needs and health outcomes for older adults and individuals with disabilities.
4. The Department of Health and Senior Services shall finalize the Master Plan on Aging by December 31, 2025.
5. The Director of the DHSS shall designate stakeholders to be a part of the Advisory Council for the Master Plan on Aging. These stakeholders shall be diverse in nature, and represent a cross-section of interests including groups concerned with aging in place, supporting those with disabilities, local governments, healthcare providers, and health research institutions and associations. Stakeholders may help lead subgroups representing the needs identified in the statewide needs assessment.
6. The director or commissioner of each state agency shall designate, within 30 days of the request of the Director of the Department of Health and Senior Services, an employee or employees who will participate on the Advisory Council and provide data, information, and support for developing and implementing the Master Plan on Aging.
Executive Order 23-01

Through the executive order, DHSS was tasked with the following activities:

1. Reviewing and assessing the current state of aging services in Missouri;
2. Coordinating and completing at least ten listening sessions with key stakeholders in the Area Agency on Aging regions with at least two listening sessions available statewide;
3. Completing a statewide senior citizen and adults with disabilities needs assessment;
4. Establishing priorities for each state agency and communicating those priorities to key stakeholders; and
5. Developing the Master Plan on Aging.
Components of a Master Plan on Aging

Master Plan on Aging
A coordinated state-wide plan to prepare state, county, and local governments for the aging population.

The final plan is due to the governor and legislature by December 31, 2025

**Advisory Council**
Appointed by DHSS Acting Directory Paula Nickelson.

**Subcommittees**
Will focus on key issues identified by needs assessments, surveys, and town halls.

**Current Needs Scan**
This will include a scan of currently completed needs assessments state-wide.

**New Needs Assessment**
A state-wide assessment of older adults, adults with disabilities, and caregivers needs.

**Town Halls**
Ten in-person and two virtual town halls will be held to gather input.

**State Department Scan**
A scan of current programs and services to determine overlaps and gaps in services.
Ecosystem
It's going to take all of us

Business and community leaders

Non-profit advocates and providers

Private providers

Executive Leadership

Community members
Building on recent related work
Cabinet Members
Ken Zellers, Office of Administration
Chris Chinn, Agriculture
Sara Parker Pauley, Conservation
Anne Precythe, Corrections
Maggie Kost, Economic Development
Margie Vandeven, Elementary & Secondary Education
Paula F. Nickelson, Health & Senior Services
Leroy Wade, Higher Education & Workforce Development
Chlora Lindley-Myers, Commerce & Insurance
Anna Hui, Labor & Industrial Relations
Val Huhn, Mental Health
Dru Buntin, Natural Resources
Sandy Karsten, Public Safety
Wayne Wallingford, Revenue
Robert J. Knodell, Social Services
Patrick McKenna, Transportation

Administration Members
Lieutenant Governor Mike Kehoe

Legislative Members
Senator Mike Moon
Representative Yolanda Fountain Henderson
Subject Matter Experts with Statewide Associations

Lana Johnson, Aging Matters and President of ma4
Deb Hobson, Centers for Independent Living
Tiffany Bayer, DHSS Centers for Local Public Health Services
Tina Uridge, Senior Tax Levy Boards
Cindy Shultz, Missouri Association of Councils of Governments
Tim Brinker, County Commissioners Association of Missouri
Richard Sheets, Missouri Municipal League
Sheli Reynolds, UMKC Institute for Human Development
Jon Doolittle, Missouri Hospital Association
Jay Hardenbrook, Missouri AARP
Beth Brown, MERS Goodwill & Senior Community Services Employment Program
Sarah Lovegreen, Alzheimer’s Association Greater Missouri Chapter
Nancy Pennington, Missouri Association of County Developmental Disability Services
Paul Kirchoff, Missouri Veterans Commission
LaTasha Barnes, Legal Services of Eastern Missouri
Angel Surdin, DHSS Office of Minority Health
Jamie Opsal, Missouri Council on Aging
Jennifer Carter Dochlere, Missouri Foundation for Health
Angela Williams, Health Forward Foundation
Jenni Miller, Missouri Housing Development Commission
Craig Escude, M.D., IntellectAbility
Subcommittees

01 Daily Life and Employment

02 Family Caregiving

03 Housing and Aging in Place

04 Transportation and Mobility

05 Safety and Security

06 Long-term Services and Supports

07 Whole-Person Health
Workgroups
Deeper Dive into the Work

Daily Life & Employment
- Daily Life
- Employment

Family Caregiving
Have not decided on workgroups yet.

Housing & Aging In-Place
- Affordable Housing
- Universal Design
- Home Modification/Repair/Maintenance
- Rental Issues
- Laws and City Codes

Transportation & Mobility
- Rural
- Small Urban
- Urban

Safety & Security*
- Financial Security
- Guardianships and Conservatorships
- Mandated Reporting
- Cross-Departmental Functioning and Internal Processes

Long-Term Services & Supports
Have not decided on workgroups yet.

Whole-Person Health
- Physical Health
- Healthy Eating
- Behavioral Health
- Social Connection
- Cognitive Health
- Health Equity

*tentative, may change
Overarching Work on the Master Plan on Aging

Advisory Council

- Transportation
- Housing & Aging in Place
- Whole Person Health
- Daily Life & Employment
- Safety & Security
- Family Caregivers
- Long-Term Supports and Services (LTSS)

Equity
Access
Choice
Early Wins from the Master Plan on Aging

Changes are already happening!

- The work of the MPA has brought together entities that have never worked together before
  - this has already started new collaborations outside of the MPA work
- One group mentioned that the process for filing for the Shared Care Tax Credit could be daunting for an older adult, an adult with disabilities, or caregivers who are already overburdened
  - DHSS was able to review the process, determine partners to work with, and trained them to be able to assist with completing the process to apply for the Shared Care Tax Credit
- Another group mentioned that there was not enough information for caregivers on support services for them
  - We worked with members of the committees to develop a caregiver resource list
- Older workers are an important part of the workforce but often face age discrimination due to old ageist beliefs
  - We are restarting the Outstanding Older Worker Week recognition to highlight the qualities of older workers and their value in the workplace
A new master plan on aging website is available. You can find the website at this link:


- This website contains a short description/background information
- Upcoming meeting agendas
- Past meeting minutes
- Additional Resources and Information
Our Team

Melanie Highland  
_DSDS Director_

Laura Newland  
_MPACoordinator Alvarez and Marsal_

Mindy Ulstad  
_Chef, Bureau of Senior Programs_
QUESTIONS?

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