



MISSOURI DEPARTMENT OF
**HEALTH &
SENIOR SERVICES**

Division of Senior & Disability Services

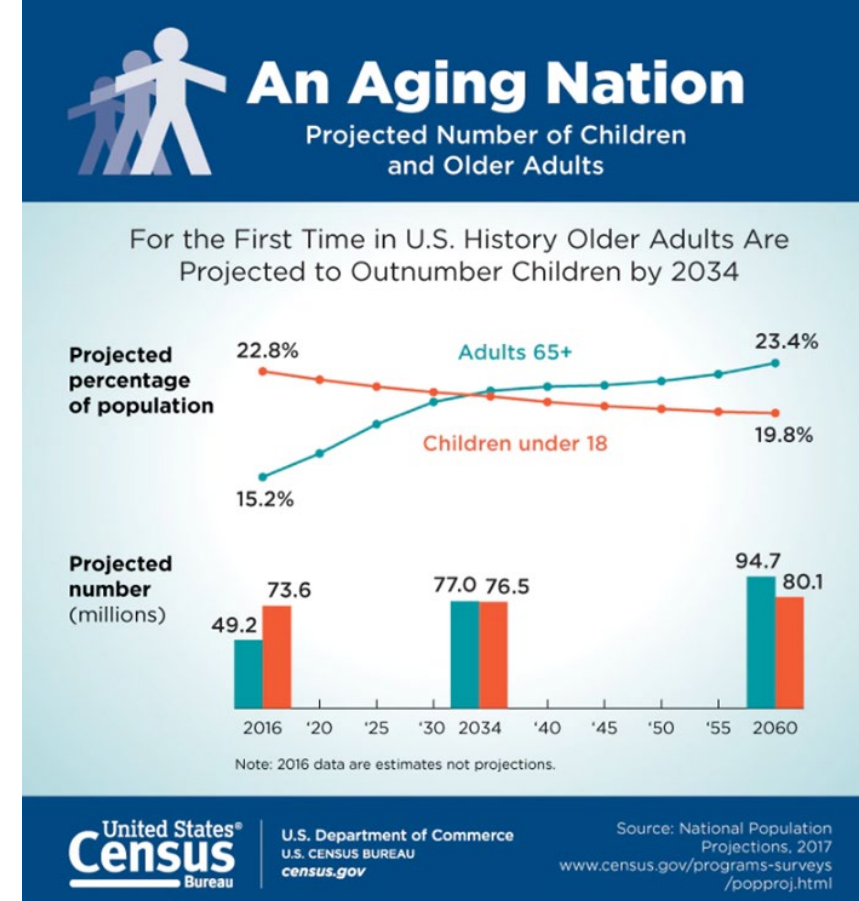


AGING WITH DIGNITY
Missouri's Master Plan on Aging

Mindy Ulstad, Chief
Bureau of Senior Programs

Background

- Missouri seniors age 65+ make up 22.88% of the population
 - By 2034, Missouri seniors will make up more than 25% of Missouri's population (for the first time there will be more older adults than individuals younger than 18 years of age).
- This gap will continue to widen as the population continues to age with Missouri seniors predicted to greatly outnumber children by 2060.



Missouri's Population is
Aging

What is a Master Plan on Aging?

- A Master Plan on Aging is a living document that:
 - Provides a clear framework to plan for ten years or more;
 - Enables governors to communicate a clear vision and priorities for their state;
 - Guides state and local policies of public and private programs toward aging with dignity;
 - Reflects extensive input from the community, including people of all ages and abilities; and
 - Allows the state to allocate funding or resources to implement initiatives from the Master Plan vs. reacting to individual stakeholder needs

Differences between the State Plan on Aging and a Master Plan on Aging

Metric	State Plan on Aging	Master Plan on Aging
Requirement	ACL Requires for Funding	Not Required
Timeframe	4-Years (Next Plan due June 2023)	10-Years
Roadmap For	Aging Network (SUA, AAAs and their Contractors)	All State Departments, State and Local Governments to work toward aging with dignity
Focus	Older American Act Funded Programs/Services <ul style="list-style-type: none"> • Supportive Services (Access, In-home, legal) • Nutrition (Congregate & Home-delivered meals) • Disease Prevention Health Promotion • Family Caregiver Services 	All Relevant Social Determinants of Health <ul style="list-style-type: none"> • Transportation • Housing (Universal Design/Home Modification) • Mental Health and Substance Abuse • Aging with Developmental Disabilities • Assistive Technology • Healthcare Access • Employment
Coordination/ Input	Aging Network Providers (AAAs and their contractors)	All Providers of Programs and Services (all State Departments, State and Local Governments, All Contractors of these entities)

Executive Order 23-01

On January 19, 2023, Governor Parson signed EO 23-01 ordering the commencement of the Missourians Aging with Dignity Initiative. The order further required the following:

1. Executive agencies shall make their best efforts to ensure that all Missourians have access to services and supports they are eligible for in order to age safely and independently.
2. Each state agency shall use best efforts to ensure programming includes older Missourians and adults with disabilities when possible with the ultimate goal of ensuring older Missourians and adults with disabilities have a safe and healthy environment and avoid unnecessary institutionalization.
3. DHSS shall, with the assistance of the Advisory Council described below, develop a Master Plan on Aging that addresses the needs and health outcomes for older adults and individuals with disabilities.
4. The Department of Health and Senior Services shall finalize the Master Plan on Aging by December 31, 2025.
5. The Director of the DHSS shall designate stakeholders to be a part of the Advisory Council for the Master Plan on Aging. These stakeholders shall be diverse in nature, and represent a cross-section of interests including groups concerned with aging in place, supporting those with disabilities, local governments, healthcare providers, and health research institutions and associations. Stakeholders may help lead subgroups representing the needs identified in the statewide needs assessment.
6. The director or commissioner of each state agency shall designate, within 30 days of the request of the Director of the Department of Health and Senior Services, an employee or employees who will participate on the Advisory Council and provide data, information, and support for developing and implementing the Master Plan on Aging.

Executive Order 23-01

Through the executive order, DHSS was tasked with the following activities:

1. Reviewing and assessing the current state of aging services in Missouri;
2. Coordinating and completing at least ten listening sessions with key stakeholders in the Area Agency on Aging regions with at least two listening sessions available statewide;
3. Completing a statewide senior citizen and adults with disabilities needs assessment;
4. Establishing priorities for each state agency and communicating those priorities to key stakeholders; and
5. Developing the Master Plan on Aging.

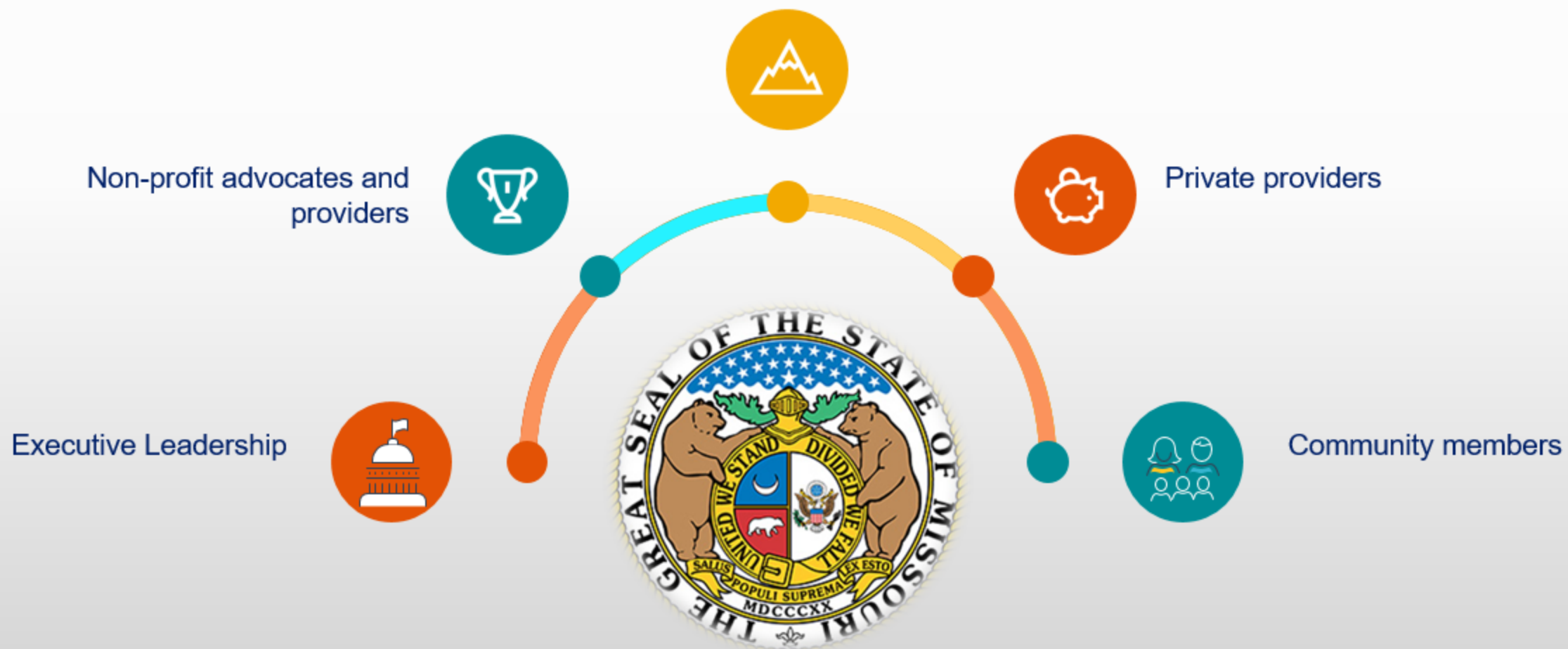
Components of a Master Plan on Aging



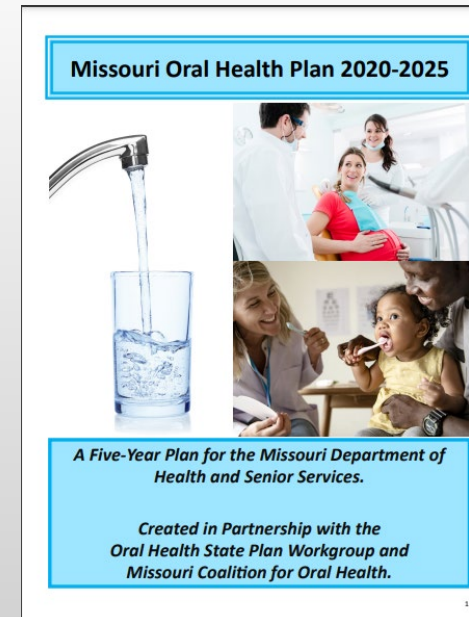
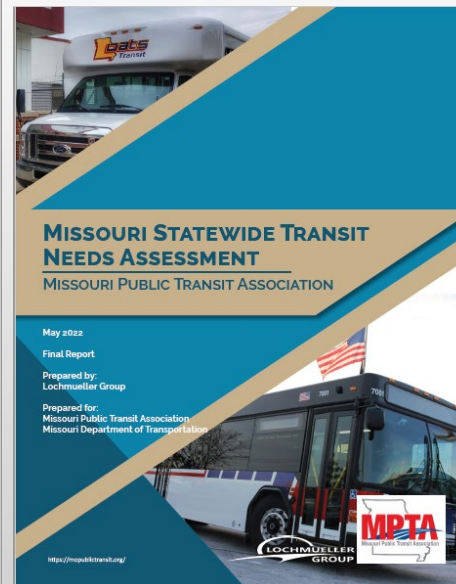
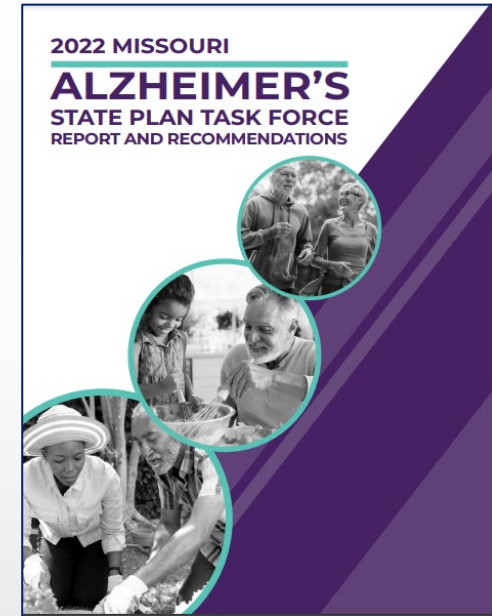
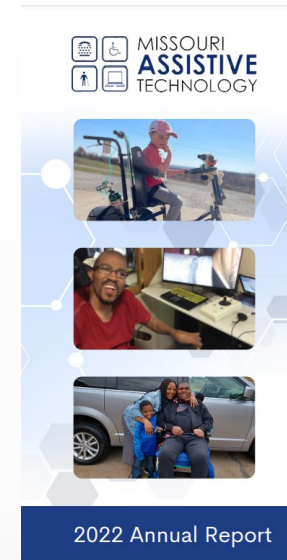
Ecosystem

It's going to take all of us

Business and community leaders



Building on recent related work



Missouri's Master Plan on Aging Advisory Council

Cabinet Members

Ken Zellers, Office of Administration
Chris Chinn, Agriculture
Sara Parker Pauley, Conservation
Anne Precythe, Corrections
Maggie Kost, Economic Development
Margie Vandeven, Elementary & Secondary Education
Paula F. Nickelson, Health & Senior Services
Leroy Wade, Higher Education & Workforce Development
Chloria Lindley-Myers, Commerce & Insurance
Anna Hui, Labor & Industrial Relations
Val Huhn, Mental Health
Dru Buntin, Natural Resources
Sandy Karsten, Public Safety
Wayne Wallingford, Revenue
Robert J. Knodell, Social Services
Patrick McKenna, Transportation

Administration Members

Lieutenant Governor Mike Kehoe

Legislative Members

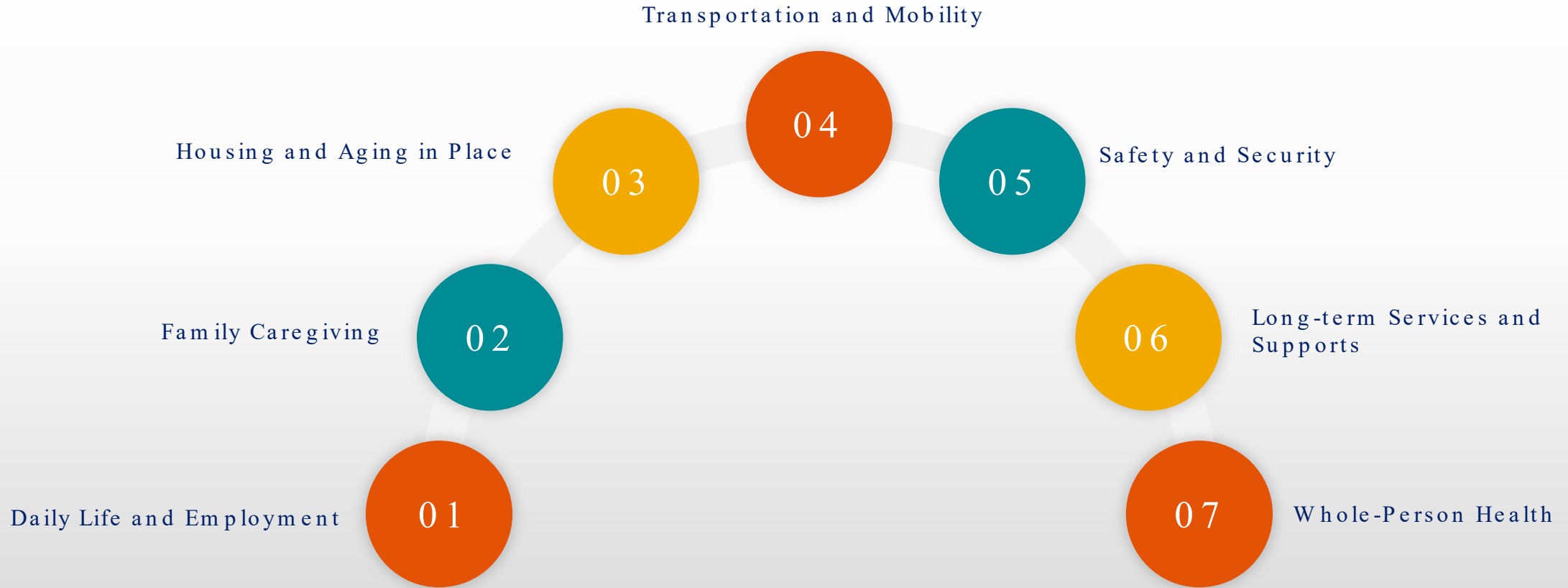
Senator Mike Moon
Representative Yolanda Fountain
Henderson

Missouri's Master Plan on Aging Advisory Council (continued)

Subject Matter Experts with Statewide Associations

Lana Johnson, Aging Matters and President of ma4
Deb Hobson, Centers for Independent Living
Tiffany Bayer, DHSS Centers for Local Public Health Services
Tina Uridge, Senior Tax Levy Boards
Cindy Shultz, Missouri Association of Councils of Governments
Tim Brinker, County Commissioners Association of Missouri
Richard Sheets, Missouri Municipal League
Sheli Reynolds, UMKC Institute for Human Development
Jon Doolittle, Missouri Hospital Association
Jay Hardenbrook, Missouri AARP
Beth Brown, MERS Goodwill & Senior Community Services Employment Program
Sarah Lovegreen, Alzheimer's Association Greater Missouri Chapter
Nancy Pennington, Missouri Association of County Developmental Disability Services
Paul Kirchoff, Missouri Veterans Commission
LaTasha Barnes, Legal Services of Eastern Missouri
Angel Surdin, DHSS Office of Minority Health
Jamie Opsal, Missouri Council on Aging
Jennifer Carter Dochler, Missouri Foundation for Health
Angela Williams, Health Forward Foundation
Jenni Miller, Missouri Housing Development Commission
Craig Escude, M.D., IntellectAbility

Subcommittees





Workgroups

Deeper Dive into the Work

Daily Life & Employment

- Daily Life
- Employment

Family Caregiving

Have not decided on workgroups yet.

Housing & Aging In-Place

- Affordable Housing
- Universal Design
- Home Modification/Repair/Maintenance
- Rental Issues
- Laws and City Codes

Transportation & Mobility

- Rural
- Small Urban
- Urban

Safety & Security*

- Financial Security
- Guardianships and Conservatorships
- Mandated Reporting
- Cross-Departmental Functioning and Internal Processes

Long-Term Services & Supports

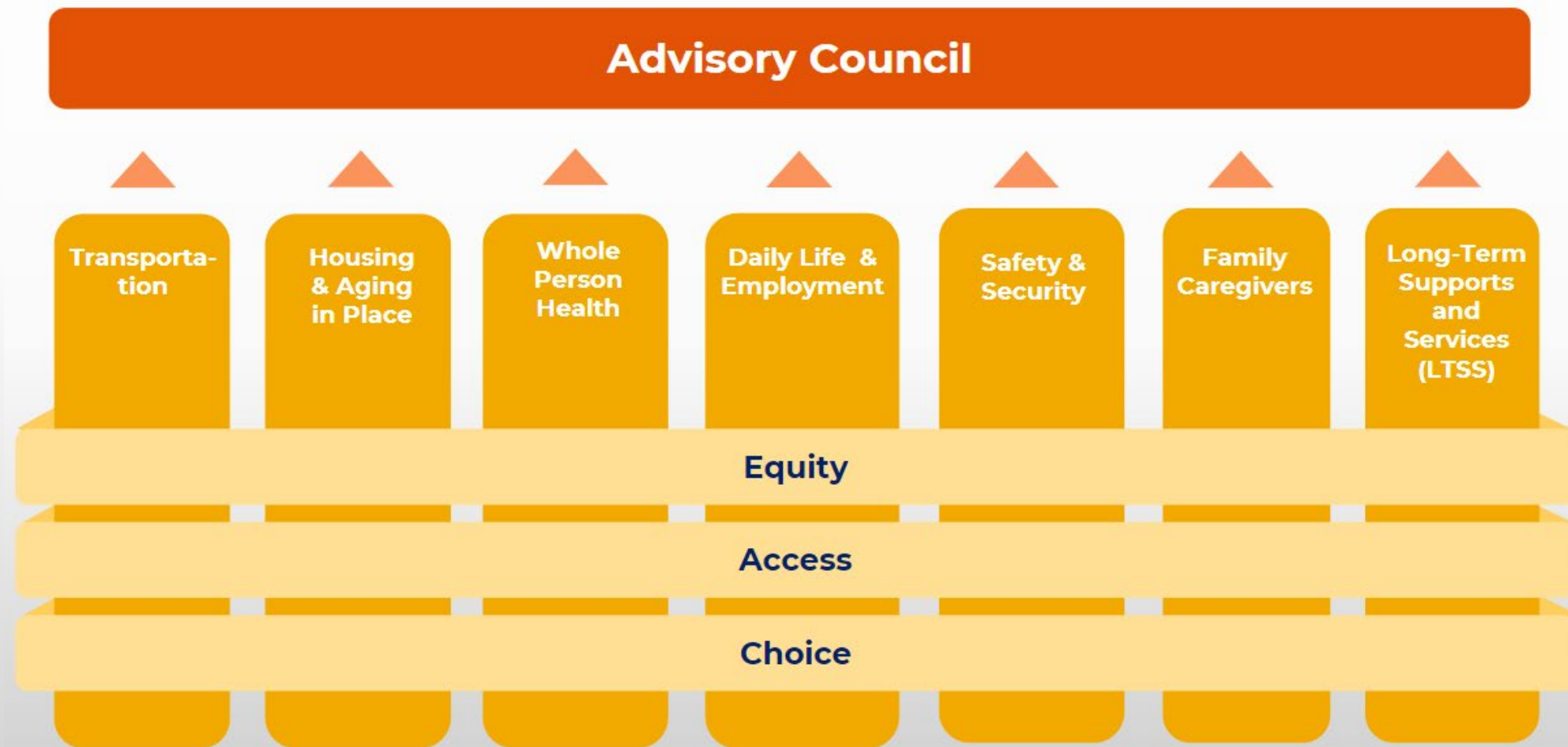
Have not decided on workgroups yet.

Whole-Person Health

- Physical Health
- Healthy Eating
- Behavioral Health
- Social Connection
- Cognitive Health
- Health Equity

*tentative, may change

Overarching Work on the Master Plan on Aging



Early Wins from the Master Plan on Aging

Changes are already happening!

- The work of the MPA has brought together entities that have never worked together before
 - this has already started new collaborations outside of the MPA work
- One group mentioned that the process for filing for the Shared Care Tax Credit could be daunting for an older adult, an adult with disabilities, or caregivers who are already overburdened
 - DHSS was able to review the process, determine partners to work with, and trained them to be able to assist with completing the process to apply for the Shared Care Tax Credit
- Another group mentioned that there was not enough information for caregivers on support services for them
 - We worked with members of the committees to develop a caregiver resource list
- Older workers are an important part of the workforce but often face age discrimination due to old ageist beliefs
 - We are restarting the Outstanding Older Worker Week recognition to highlight the qualities of older workers and their value in the workplace

Master Plan on Aging Website

Background Information, Meeting Agendas, and Past Meeting Notes

A new master plan on aging website is available. You can find the website at this link:

<https://health.mo.gov/seniors/master-plan-aging.php>

- This website contains a short description/background information
- Upcoming meeting agendas
- Past meeting minutes
- Additional Resources and Information

Our Team



Melanie Highland
DSDS Director



Laura Newland
MPA Coordinator
Alvarez and Marsal



Mindy Ulstad
Chief, Bureau of Senior
Programs



QUESTIONS?



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Health.Mo.Gov/Seniors/