



SHOW ME SUMMIT ON AGING & HEALTH 2023

Missouri Association of Area Agencies on Aging | ma4
18th Show Me Summit on Aging & Health
September 11-13, 2023 | Columbia, MO

CALL FOR PRESENTATIONS NOW OPEN

Please join ma4 this fall to create a stimulating Show me Summit on Aging & Health. Share your expertise and knowledge in the field of aging services. **Deadline for proposals is April 30, 2023. Notifications of the proposal will be made in May 2023.**

ma4 is the leading voice for service, information, and advocacy to improve the lives of aging Missourians. We advocate at the local, state, and federal level for services and supports to enhance the lives of adults through the aging journey.

ma4 is the statewide association of Area Agencies on Aging (AAAs), which together provide almost **\$100 M worth of services annually** to adults 60+ in every county in Missouri. Our members are highly respected leaders in aging and provide services include nutrition, home delivered meals, wellness, evidence-based health and wellness programs, home modification, care transitions, transportation, social connectedness, caregiver support, in-home and personal care services, Medicare options counseling, legal services, long-term care ombudsman programs, ongoing learning, and many other services intended to help adults age in the place they call home.

The ma4 network includes expertise reaching adults age 60+, including special populations such as hard-to-reach aging adults, adults living with chronic medical conditions, caregivers, rural and urban populations, and more.

This fall, ma4 will host the 18th Show Me Summit on Aging & Health in Columbia, MO. Our annual summit convenes the most trusted experts and leaders in the field of aging services throughout Missouri. Attendees include professionals, volunteers, and advocates working with AAAs, senior centers, nutrition services, and other community organizations serving adults 60+. Attendance averages around 300 attendees, and last year's Summit was a sold-out event.

Share your expertise with us this fall in Columbia, MO! [Please Submit Your Proposal Here](#)

PRESENTATION CONTENT

We seek engaging content with high levels of interaction, innovative learning opportunities, and new and diverse voices. Sample topic areas may include:

- Advocacy
- Behavioral Health
- Business Planning
- Caregivers/Caregivers Support
- Dementia Friendly Programs
- Elder Abuse/Exploitation
- Financial Planning
- Grief and Loss
- Inclusive Outreach for Minority Populations
- Intergenerational Programming
- Nutrition/Culturally Appropriate Meal Planning
- Ombudsman Programming
- Participant Recruitment
- Policy/Legislative Issues
- Promising Partnerships
- Reframing Aging
- Social Determinants of Health
- Social Isolation
- Social Media
- Technology
- Trauma Informed Care
- Veterans
- Virtual Programming

CRITERIA

Submissions will be reviewed by the ma4 Summit Committee. Proposals will be reviewed based on several criteria with preference for proposals which:

- Address conference target audience and challenge attendees to think creatively
- Have potential for relevance and across the state
- Feature experienced speaker(s) with expertise
- Priority will be given to innovative ideas and discussion of national trends

SUBMISSION REQUIREMENTS

Please submit your proposal online. If you need accommodations, please let us know. Submissions must include the following:

- Presenter/Panelist Contact Information
- Key Point of Contact Information
- Presenter/Panelist Contact Information
- 2-3 Sentence Bio for Each Presenter
- Session Title
- Session Description (125-word max)
- Session Objectives (2-3 bullet points)

SPEAKER AGREEMENTS

- Speakers will be responsible for their own Summit expenses, including travel, meals, lodging, etc.
- Speakers will receive a one-day complementary registration on the day of their scheduled presentation.
- Speakers agree to pay regular registration rates if attending anything other than workshops scheduled and/or the exhibit hall on the day of their presentation.
- ma4 will provide speakers with audio visual equipment for their presentation. Specific requests for equipment should be requested in advance to ensure available on day of presentation. All workshop rooms will be equipped with a projector, screen, laptop, and microphone.
- Presentation PowerPoints and other materials are expected to be uploaded prior to the Summit.
- We request that the Key Point of Contact share communication from ma4 to the presenters on their panel.

REGISTRATION FEES

	By 8/11/23	8/12/23 or Later
Full Registration	\$240	\$280
Monday Only 9/11/23	\$110	\$125
Tuesday Only 9/12/23	\$120	\$135
Wednesday Only 9/13/23	\$80	\$95

Presenters are responsible for their own hotel reservations.

Holiday Inn offers a special rate of \$103 with reservations by 8/11/23

Summit and Hotel Registration Coming Soon



**More information including a tentative agenda is available at ma4web.org
Contact Julie Peetz with any questions: jpeetz@ma4web.org | 314.620.4585**