Missouri's Area Agencies on Aging sponsor 217 Senior Centers throughout the state, with services in every county.

#### ARFA AGENCY SERVICES MENU

- Information & Assistance
- Home Delivered and Senior Center Meal Programs
- Caregiver, Respite and Case Management
- Medicare Education and Outreach
- · Public benefits counseling
- Long Term Care
   Ombudsman Program

- In-Home and Personal Care Services
- Recreational and Volunteer Opportunities
- Physical Fitness and Exercise
- Legal Assistance
- Advocacy for Seniors
- Transportation
- Adult Day Care
- Options Counseling

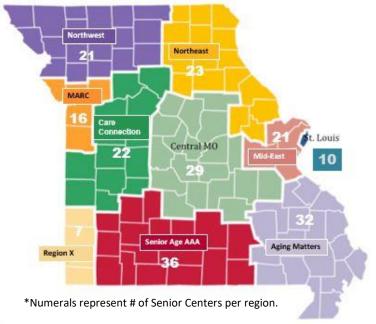
"Designated as a 2017 - 2018 Navigator for the Health Insurance Marketplace"

In 2017, Missouri's AAA's collectively provided documented services to more than 132,000 individuals and 9,876,310 units of service\* to Missouri's seniors.

\*Units of service include individual meals served or delivered; rides provided; and other measurable, individual services such as case management and counseling.

### Ten regions throughout Missouri.

Connecting seniors to the services they need.



#### 1. SeniorAge AAA

(417) 862-0762 (Springfield)
Toll Free: 1-800-497-0822
www.senioragemo.org

#### 2. Aging Matters

(573) 335-3331 (Cape Girardeau) Toll Free: 1-800-392-8771 http://www.agingmatters2u.com

## 3. Care Connection for Aging Services

(660) 747-3107 (Warrensburg) Toll Free: 1-800-748-7826

#### www.goaging.org

**4. Northwest MO AAA** (660) 726-3800 (Albany) Toll Free: 1-888-844-5626

# www.nwmoaaa.org 5. Northeast MO AAA

(660) 665-4682 (Kirksville) Toll Free: 1-800-664-6338 www.nemoaaa.com

#### 6. Central MO AAA

(573) 443-5823 (Columbia) Toll Free: 1-800-369-5211

#### www.cmaaa.net

#### 7. MARC

(816) 474-4240 (Kansas City) Toll Free: 1-800-593-7948 www.marc.org

#### 8. Mid-East AAA

(636) 207-0847 (Greater Metro

#### St. Louis Area)

Toll Free: 1-800-243-6060 www.agingmissouri.org

#### 9. St. Louis AAA

(314) 612-5918 (St. Louis City) Toll Free: 1-877-612-5918

### www.slaaa.org

10. Region X AAA (417) 781-7562 (Joplin) www.aaaregionx.org