

#### **ONE INCIDENT AWAY**

#### Meals Make the Difference.

When Chris, an AAA Regional Services Director, went to visit John he was almost skin and bones and he had a host of chronic health conditions. He also needed oxygen 24 hours a day. The Area Agency on Aging immediately began delivering nutritional meals.

When Chris did a follow-up visit three months later, John appeared to have gained about 20 pounds, no longer required oxygen, and was out mowing his own yard. "This is quite a reformation accomplished just with food," Chris said.

- 6 million units of telephone reassurance
- 41,500 public education units and health screenings
  - 237,000 recreational and physical fitness programs
    - 17,000 units of respite relief to caregivers
    - 264,000 units of information and assistance
      - 872,000 essential transportation trips
- 100,000 units of personal care and homemaker services
- Last year we provided:

  5.2 million home-delivered meals; 2.1 million center meals

AAAs helped 130,000 seniors last year, which is 10% of those who need our help.

Help us grow our services and senior centers.

Senior Services

Growth and Development Bill



Your "YES" vote for this bill is a "YES" vote for Missouri Seniors.

## Missouri's population will soon be 25% seniors.

- For every 100 seniors today, there will be 167 in 2030.
- For every 100 seniors age 80+ today there will be 179 in 2030.

30% of our seniors can't afford basic needs.

They are struggling to make ends meet on Social Security alone.

### **Medicaid Costs are Rising.**

- \$53,000 buys one year in a Medicaid facility
- \$18,000-\$20,000 buys enough AAA services to keep one at-risk senior safely at home.
- AAAs save Missouri \$33,000 for every ONE senior kept safe at home

#### Seniors suffer, too.

- MO is among the 10 worst states for underweight, hungry seniors.
- Seniors don't want to leave their homes and communities
- Seniors who are alone, overwhelmed, and at risk find meals, resources, and wellness help through AAAs.

## Missouri Area Agencies on Aging (AAAs) Can Help

A portion of all
Missouri insurance
Missouri insurance
premiums are already
deposited every year
into a special
Missouri fund.

# Legislators want to help seniors, too.

This bill would establish a stable funding base for growing AAA senior services without new taxes.



50% of this special fund is earmarked for children. This bill would earmark 20% for seniors.