

**ARE YOU
DIZZY,
MISS LIZZY?**



**CHECK YOUR
MEDICATIONS.**

AVOID FALLS.



Some combinations of drugs can make you dizzy or light-headed. And that can lead to falls. Ask your doctor or pharmacist to review your medications and make sure they work well together.

Caution is the best prescription.

Avoid falls.

A PROJECT OF THE MISSOURI ASSOCIATION OF AREA AGENCIES ON AGING
AND THE SHOW ME FALLS FREE MISSOURI COALITION