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Missouri Association of Area Agencies on Aging

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Missouri Association Of Area Agencies Announces 10th Annual Show Me Summit On Aging And Health

Jefferson City, Mo. -- The Missouri Association of Area Agencies on Aging (MA4) today announced details of the 10th Annual Show Me Summit on Aging and Health that will be held in Jefferson City, Missouri on August 21-23, 2013. The Show Me Summit is the largest forum on aging in the State of Missouri, attracting more than 350 participants, sponsors and exhibitors each year. The theme of this year's summit is "It's All About Seniors – Aging Well."

The Summit is designed to serve as a unique forum for civic leaders, nonprofit providers, members of the business community, caregivers and interested citizens to meet and discuss the challenges facing Missouri's aging population.

According to Mary Schaefer, President of MA4, a key aspect of this year's conference will be a discussion of how the Medicaid program and managed care providers will work together to provide quality health care to seniors. "As state budgets tighten, new approaches to Medicaid and health care in general will be suggested," said Schaefer. "This year, we hope to explore the new

relationships that may occur between Medicaid and managed care and how that will impact seniors in Missouri.”

Additionally, MA4 will continue its training on the issue of elder abuse and exploitation, with a special presentation by national expert Paul Greenwood, Deputy District Attorney, San Diego.

The Summit will also feature specific training tracks on advocacy, management, wellness and a series of special topics including financial management, the use of social media by seniors and the challenges faced by home delivered meal programs in rural areas.

AIRS Certification and testing will be offered during the Summit, and nursing home administrators and social work continuing education credits and certifications will be offered.

The three-day event will kick-off with a keynote address from Sandy Markwood, the Executive Director of the National Association of Area Agencies on Aging (n4a), who will brief the group on national trends and share her insights on the future for the aging network.

Workshops will continue throughout the conference, and special mobile workshops will be offered Thursday afternoon with tours of the Capitol.

The Show Me Summit on Aging and Health will be held at the Capitol Plaza Hotel, August 21-23, 2013. The opening session of the Summit is scheduled for 1:00 PM on Wednesday, August 21, 2013.

Registration information for the conference can be found at: <http://www.ma4web.org>

General information about the entire conference including exhibit and sponsorship information, is available on the website or by email at cedwards@ma4web.org.

About The Missouri Association of Area Agencies on Aging (MA4)

The Missouri Association of Area Agencies on Aging (MA4) was founded in 1973 to serve as a statewide advocate and resource for older Missourians. MA4 is comprised of the state's 10 Area

Agencies on Aging (AAA), which were created under the 1973 amendments to the Older American's Act of 1965. For 40 years, these local agencies have been providing vital services, programs and information to millions of Missourians and their caregivers, including legal services, home-delivered meals, disease prevention and health promotion, transportation, public benefits counseling, senior center services and activities and in-home services. The 10 Area Agencies on Aging (AAA) provide a coordinated network of care in implementing statewide initiatives, which are designed to help older Missourians maintain their independence and give them a voice in articulating their concerns and changing needs.

As the official statewide association of these agencies, MA4 is dedicated to carrying out its mission of service, information and advocacy to improve the lives of older Missourians and to plan for the changes that will take place as the aging population grows in number and importance in the next decade.

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